

## SESSION 10: PIZZA SUPREME!

### PUTTING IT ALL TOGETHER & APPLYING IT TO MY PROGRAM

#### Introduction to Session

Each of the eight essential elements is vital to the growth and development of youth. It is the combination of the elements that creates the optimal positive environment for youth development to occur. As we have explored the essential elements curriculum, we've learned that, by intentionally including these elements, the likelihood of positive youth outcomes will increase. This session will bring together what has been learned about the essential elements and how to apply that knowledge to incorporate the elements into 4-H youth development programming.

#### Goal of Lesson

To apply the knowledge gained about the essential elements so they can be incorporated into youth development programming.

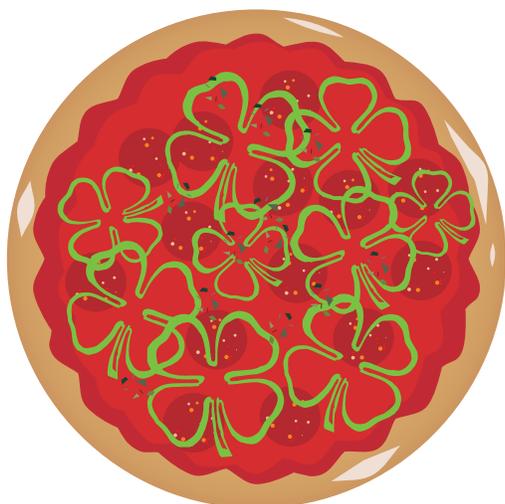
#### Objectives

Participants will:

- Develop written and visual messages to promote the essential elements and their positive impact.
- Identify strategies to intentionally incorporate the essential elements into program delivery methods.
- Develop a personal plan for utilizing strategies to incorporate essential elements.

#### Materials Needed

- Markers
- Paper and business-sized envelopes, one for each person
- Masking tape
- Sticky notes in various shapes, colors, and sizes. (Anything that would resemble toppings for pizza would add to the theme of the activity.)
- Props such as a chef's hat or apron
- Pizza slice handouts with delivery methods written on them (e.g. club, camp, afterschool, livestock, etc.) Use delivery methods that are specifically relevant to the group you are teaching. Make up slices so that each small group will have from one to four delivery methods to focus on.
- A piece of flip chart paper with a pizza drawn on it, labeled with the delivery methods being examined.



#### Activities

Pizza, Pizza, Pizza!

Pizza Supreme

## Activity 1: Pizza, Pizza, Pizza!

### Do the activity

1. Divide participants into groups of 3 to 5.
2. Ask each group to develop a media message about the essential elements of positive youth development. It could take the form of a bumper sticker, radio Public Service Announcement, TV commercial, newspaper headline, billboard, etc. The goal is to create a message that promotes using the essential elements and show how it enhances positive youth development, or how it is valued in 4-H programming.

### Share

- Have each small group share what they developed with the entire group. What was the process used to arrive at their product?

### Process

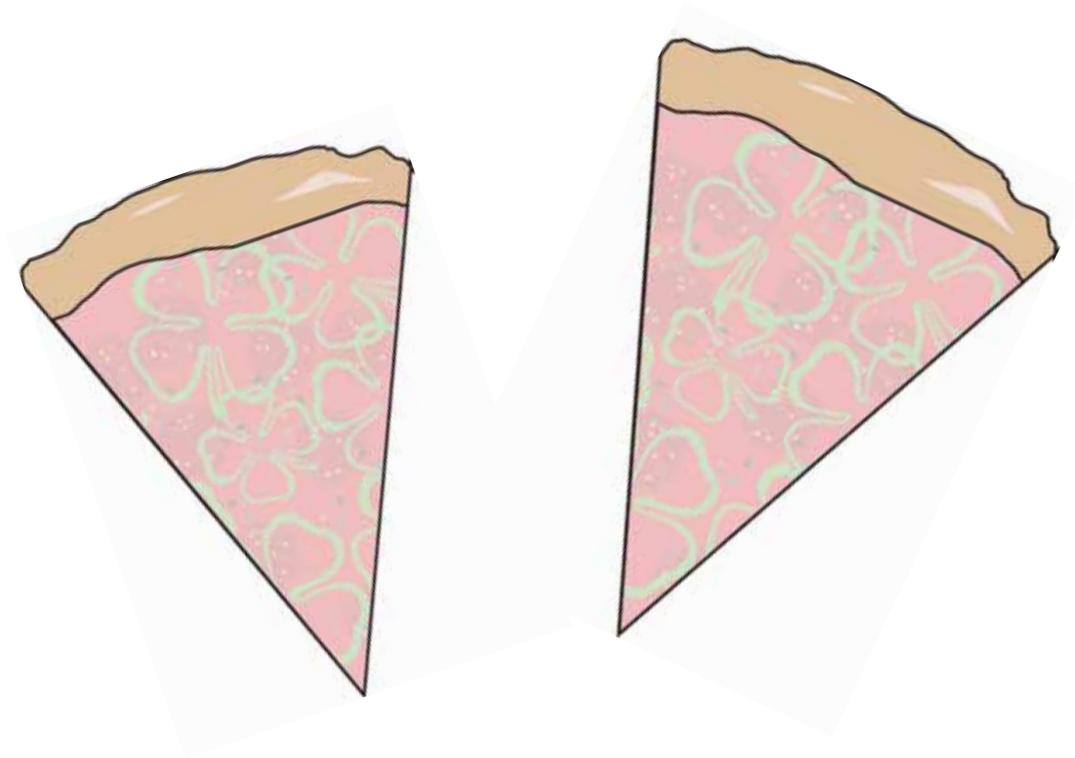
- How did you use this activity to describe the essential elements? How did you use this activity to identify the benefits to youth?

### Generalize

- What does this mean for all youth programs?

### Apply

- How can you use this information to integrate or expand the essential elements into your 4-H program?





## Activity 2: Pizza Supreme

### Do the Activity

Putting It all Together and Applying It to My Program (Review, Apply, and Celebrate)

1. Draw a large pizza on flip chart paper.
2. List a specific delivery method on each slice.
3. Ask participants to write specific strategies on sticky notes about how to apply the essential elements within the different delivery modes.
4. You can do this as a large group or divide participants into small groups. Each small group could work on one or more delivery strategies. Emphasize that they need to include examples for all eight of the essential elements.

### Share

1. Ask the groups to share strategies that they identified by taking their sticky notes, explaining what is written on it, and placing it on the corresponding strategy on the large pizza on the flip chart.

### Process

1. Ask the groups to share strategies that were similar across delivery methods.
2. Were some delivery methods more difficult to think of in terms of the elements?
3. What strategies were unique to certain delivery methods?
4. Were some elements more difficult or easier to incorporate?

### Generalize

1. What does the incorporation of the essential elements mean for all youth programs?

### Apply

1. Ask participants to write a personal action plan to answer the following questions:
  - How will you incorporate the essential

elements into your 4-H program (county, state or group)?

- What are your goals for implementation? Include specific strategies.
  - How will you get others involved?
  - What is your timeline?
2. Have participants place their plan in an unsealed envelope addressed to themselves.
  3. Collect the action plans.

### Wrap Up Discussion

- Show or review (if not shared during individual element sessions) examples of the program assessment tools available for use (target evaluation and retrospective evaluation).
- Identify the experiential learning components and active learning strategies that were used during the training.
- Pinpoint the variety of methods used to debrief and reflect used in the training.

### Session Evaluation: Pizza De-brief

- Have participants identify specific activities, reflection strategies, and other components of the training that they particularly enjoyed and plan to use.
- Ask them to identify concepts and information they learned about the essential elements during the training.
- Have participants share one or two of the items in their personal action plan.

### Customer Survey

Use the Target evaluation and/or the retrospective evaluation provided to evaluate this session.



SESSION 10—EVALUATION—PIZZA SUPREME!  
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## About Your TRAINING Experiences . . .

We are interested in how you view your experiences with the Training on Essential Elements- Key Ingredients. Please circle the answer that best describes how much you agree with the following statements both AFTER and BEFORE the training.

AFTER THE TRAINING						BEFORE THE TRAINING				
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
SD	D	N	A	SA	I can share the key concepts of the Essential Elements with others.	SD	D	N	A	SA
SD	D	N	A	SA	I can evaluate programs for inclusion of the Essential Elements.	SD	D	N	A	SA
SD	D	N	A	SA	I can adapt programs/ activities to include the Essential Elements.	SD	D	N	A	SA
SD	D	N	A	SA	I will be mindful of the Essential Elements when planning programs and activities.	SD	D	N	A	SA